

Hospital bag and belongings checklist

Use this companion to “A hospital bag checklist: ask the ward before you pack”. Tick the preparation steps, then fill in only the details you need. This is a household record, not a medical assessment.

1. Before you start

Tick an item only when you have checked it. A tick records preparation, not a safety or health result.

☐ Confirm admission location and time.

☐ Ask the ward for its packing requirements.

☐ Pack the required documents.

☐ Ask how to handle medicines and devices.

☐ Pack permitted everyday items.

☐ Label belongings and cases.

☐ Arrange valuables and contact permissions.

☐ Keep an inventory for the trip home.

2. Details to keep

Hospital bag and belongings checklist · Date _____

Hospital / ward / arrival details

Required documents / originals

Permitted clothing and toiletries

Phone / charger / personal items

Item / person keeping it / returned

Ward questions / agreed family contact
